



THE SKIN INVESTMENT

CLINIC

## Thank you for your visit!

We're excited you chose The Skin Investment Clinic for your consultation.

Our highly experienced team believes in healthy skin and healthy ageing. Our mission isn't just about making you look good on the outside, it's about helping to improve your self confidence and inner wellbeing too.

We only use skincare that is proven and researched to support our treatments to deliver outstanding homecare results. We offer a comprehensive selection of the most innovative and cutting-edge technologies from around the world, alongside exceptional standards of client care.

We are renowned for our acne boot camp that has a 99% success rate. During the programme you are coached through step-by-step instructions on how to take control of your acne and get clear skin once and for all.

All of our team have a clear focus on delivering high-quality, effective treatments, working with you to achieve great and long-lasting results.

We look forward to welcoming you back for your treatment very soon.

Farnham | +44 (0)7887 855539 | Winchester | +44 (0)7821 641340

[info@theskininvestmentclinic.com](mailto:info@theskininvestmentclinic.com) | [www.theskininvestmentclinic.com](http://www.theskininvestmentclinic.com)

THE SKIN INVESTMENT

CLINIC

## The Skin Investment Clinic's Charity Partner

### Young Minds

In the UK today, an estimated five children in every classroom have a mental health problem. A quarter of 17 year old girls have self harmed in the last year, while suicide remains the single biggest killer of boys and young men.

Young minds provide young people with tools to look after their mental health. They empower adults to offer the best support they can to young people in their lives and give young people the space and confidence to get their voices heard and change the world we live in.

We are proud to support Young Minds and give regular funding through donations and charity events.

If you would be interested in donating your loyalty points to Young Minds, we will convert these into pounds for the charity. Just let a member of the team know.

Farnham | +44 (0)7887 855539 | Winchester | +44 (0)7821 641340

[info@theskininvestmentclinic.com](mailto:info@theskininvestmentclinic.com) | [www.theskininvestmentclinic.com](http://www.theskininvestmentclinic.com)



THE SKIN INVESTMENT

CLINIC

## Acne Treatment Programme

**Treatment from:** £96 per session (6 sessions)

**Treatment Duration:** 3 months

**Recovery Time:** 24 hours

**Longevity of Results:** Permanent with ongoing maintenance. 12 sessions in total with 6 free extractions.

### Suitable For

Whiteheads  
Blackheads  
Papules  
Pustules  
Nodules  
Cysts  
Scarring

### Contraindications

Anyone on Roaccutane (or who finished course less than 6 months ago).

St John's Wort

Recent waxing or injectable treatments in the previous 2 weeks

### Results

Acne reduction

Smoother skin

Improved Tone

Reduced acne scarring

Clearer complexion

Farnham | +44 (0)7887 855539 | Winchester | +44 (0)7821 641340

info@theskininvestmentclinic.com | www.theskininvestmentclinic.com



## Acne Treatment Programme

We prescribe an ongoing acne treatment programme which includes a range of home care products; This will ensure that you get the best possible results faster.

The programme starts with a thorough skin consultation, concentrating on helping you understand what is contributing to your acne so it can be treated accordingly.

Emphasis is placed on both dietary and skin care advice to help you reach your goal of a clearer complexion. Your treatment is then designed specifically for your acne symptoms and skin concerns. The severity of your acne, the amount of inflammation present and the strength of your skin's barrier function determine the approach that is taken when designing your treatment.

A combination of the latest, advanced, superficial skin peels and cosmeceutical products are considered or alternatively microdermabrasion or light therapy is used. These advanced techniques smooth the skin's texture, promote healthy cell renewal, remove impurities and excess oil and help calm inflammation to facilitate healing. The skin is left glowing with a clean and fresh feeling. Most importantly, attention is placed on extensive extractions followed by a high frequency machine, oxygen light therapy to help clear existing spots whilst helping to prevent post facial break outs.

Additionally, the skin is detoxified by a gentle lymphatic drainage massage which helps to transport away toxins and bacteria to help regenerate the damaged tissue. The treatment is completed with a blast of Hyperbaric Oxygen, where the skin is flooded with 180 million nutrient particles of pure hyperbaric oxygen to restore the skin and calm any inflammation.

---

Farnham | +44 (0)7887 855539 | Winchester | +44 (0)7821 641340

[info@theskininvestmentclinic.com](mailto:info@theskininvestmentclinic.com) | [www.theskininvestmentclinic.com](http://www.theskininvestmentclinic.com)





The Clinical Acne Treatment is individual to you and may differ with each subsequent appointment depending on your concerns and your skin's health.

Once your acne is under control, we have a number of options that we would recommend to combat acne scarring, reduce pore size and improve skin texture. These also have the added benefit of helping to treat and prevent skin ageing.

**The aim of the Acne Treatment Programme is to:**

- ✓ Reduce oil production which in turn prevents oily skin and helps prevent blackheads & whiteheads developing.
- ✓ Reduce skin thickening – normalises skin cell production, thereby preventing the backlog of dead skin cells that lead to the development of blackheads & whiteheads.
- ✓ Control and reduce acne bacteria, which helps to prevent inflammation that leads to breakouts.
- ✓ Calm and soothe inflammation, reducing acne scarring risk and lessen unsightly inflamed spots.

**The benefits of the Acne Treatment Programme are:**

- ✓ Reduces excess sebum that leads to a greasy, oily skin
- ✓ Removes blackheads and whiteheads, dead skin, and other impurities
- ✓ Diminishes existing acne
- ✓ Helps prevent new break outs
- ✓ Helps improve skin's texture
- ✓ Helps reduce acne scars and post acne hyperpigmentation

**Farnham | +44 (0)7887 855539 | Winchester | +44 (0)7821 641340**

**[info@theskininvestmentclinic.com](mailto:info@theskininvestmentclinic.com) | [www.theskininvestmentclinic.com](http://www.theskininvestmentclinic.com)**





THE SKIN INVESTMENT

CLINIC

## Anti Ageing Facial

Treatment from: £96

Treatment Duration: 60 minutes

Recovery Time: None

Longevity of Results:  
Recommended monthly/bi-monthly

### Suitable For

Lax skin  
Fine lines + wrinkles  
Sun damage  
Hyperpigmentation  
Irregular skin tone + texture  
Large pores  
Dry skin  
Loss of facial volume

### Contraindications

Anyone on Roaccutane (or who finished course less than 6 months ago).

St John's Wort

Recent waxing or injectable treatments in the previous 2 weeks

### Results

Hydrated skin  
Smoother skin  
Improved tone  
Close dilated pores  
Purify and oxygenate skin

Farnham | +44 (0)7887 855539 | Winchester | +44 (0)7821 641340

info@theskininvestmentclinic.com | www.theskininvestmentclinic.com



The Anti-Ageing Facial is an intensive treatment using cutting edge techniques that are unique to The Skin Investment Clinic. This exclusive, multi-faceted treatment is specifically formulated to improve the appearance of skin ageing caused by genetic and environmental factors. Using award winning technology, this treatment enables the deeper penetration of active ingredients and is designed to meet all the fundamental needs of demanding and mature skin.

Working on the 3 causes of skin ageing, external (sun, pollution, diet and lifestyle), genetic and hormonal, carefully selected ingredients work on much needed nourishment and moisture levels, protection and intense regeneration.

This enhanced diffusion of epidermal growth factors, antioxidants and other active ingredients goes to work directly on the targeted layers deep within the skin. A superficial skin peel and advanced cosmeceutical products further enhance this process to stimulate collagen growth, boost hydration levels, combat free radical damage and encourage skin renewal.

This anti-ageing facial both prevents and corrects the appearance of skin ageing for a fresh, glowing complexion. The skin recovers its energy and becomes firm, toned, and full of radiance. Deep lines and wrinkles are reduced, leaving the skin plump and smooth. The facial contours are redefined and the complexion more uniformed, restoring a beautiful, youthful appearance.

#### **The benefits of the anti-ageing facial are:**

- ✓ Boosts skin's radiance
- ✓ Increases skin firmness
- ✓ Stimulates skin rejuvenation to minimise the appearance of fine lines and wrinkles
- ✓ Provides deep hydration
- ✓ Improves skin tone and texture
- ✓ Helps minimise hyperpigmentation
- ✓ Helps minimise open pores
- ✓ Combats oxidative stress and UV damage

**Farnham | +44 (0)7887 855539 | Winchester | +44 (0)7821 641340**

**[info@theskininvestmentclinic.com](mailto:info@theskininvestmentclinic.com) | [www.theskininvestmentclinic.com](http://www.theskininvestmentclinic.com)**



THE SKIN INVESTMENT

CLINIC

## Botox

### \*Botulinum Toxin

Treatment from: £180

Treatment Duration: 20-30 minutes

Recovery Time: None

Longevity of Results: 3-6 months

#### Suitable For

Fine Lines  
Wrinkles  
Crow's feet  
Frown lines  
Dimpled chin  
Excessive sweating (hyperhidrosis)  
Teeth grinding  
Tension headaches

#### Contraindications

Neurological and muscular disorders  
Pregnant and breastfeeding mothers

#### Results

Smooth lines  
Less tired  
A more youthful appearance

Farnham | +44 (0)7887 855539 | Winchester | +44 (0)7821 641340

info@theskininvestmentclinic.com | www.theskininvestmentclinic.com



Unlike some cosmetic medical treatments, Botox injections are suitable for virtually anyone who has wrinkles or other skin lines they want to remove.

This includes people who want to fight the signs of natural ageing, or those who have developed lines from exposure to the sun.

Botox (or anti-wrinkle injections) involve using small quantities of Botulinum Toxin. These are injected into specific muscles using an ultra-fine needle to immobilise the muscle. This stops the muscles from contracting, while the rest of the face continues to move. This creates a natural softening to your dynamic lines and wrinkles, giving you a natural, fresh and rejuvenated appearance.

In younger people, skin has sufficient elasticity to prevent permanent wrinkles from forming, despite repetitive movements. Loss of skin elasticity as we progress beyond our twenties causes permanent lines to form, even when no expression is taking place.

Botox injections can reduce the degree of muscle movement that creates lines when an individual frowns, smiles or raises their eyebrows. This reduction of movement will soften existing wrinkles and prevent the formation of deep lines in the future.

---

Farnham | +44 (0)7887 855539 | Winchester | +44 (0)7821 641340

[info@theskininvestmentclinic.com](mailto:info@theskininvestmentclinic.com) | [www.theskininvestmentclinic.com](http://www.theskininvestmentclinic.com)



THE SKIN INVESTMENT

CLINIC

## Botox for Sweating \*Botulinum Toxin

Treatment from: £500

Treatment Duration: 20-30 minutes

Recovery Time: Some bruising may occur after treatment

Longevity of Results: 6-8 months

### Suitable For

Underarms  
Palms of hands  
Soles of feet  
Face  
Scalp  
Groin  
Below breasts

### Contraindications

Neurological and muscular disorders  
  
Pregnant and breastfeeding mothers

### Results

Reduction in sweating

Farnham | +44 (0)7887 855539 | Winchester | +44 (0)7821 641340

info@theskininvestmentclinic.com | www.theskininvestmentclinic.com





Excessive sweating or hyperhidrosis is a condition that may cause great emotional distress and compromise a person's working and social life. This condition can occur in any area of the body. The most commonly affected areas are under the arms, the palms of the hands, and the soles of the feet.

Hyperhidrosis is thought to be caused by a problem with the part of the nervous system that controls sweating, and can be triggered by the following:

- ✓ Pregnancy or menopause
- ✓ Anxiety
- ✓ Certain medications
- ✓ Low blood sugar
- ✓ Infections
- ✓ Overactive thyroid gland

There are many ways in which Doctors can help with excessive sweating. In the first instance, prescription strength antiperspirants containing aluminium chloride can be prescribed. These are helpful, but function only by physical plugging of the sweat glands.

Sometimes if sweating is profuse and affecting multiple areas, Doctors can prescribe tablets, but unfortunately these treatments are often responsible for other unpleasant side effects, which make them an undesirable option for most patients.

Excessive sweating can also be treated by administering Botox injections to combat the overactive sweat glands by blocking the nerve signals responsible for sweating, stopping the sweat glands from producing too much sweat.



THE SKIN INVESTMENT

CLINIC

## Brightening Facial

Treatment from: £96

Treatment Duration: 60 minutes

Recovery Time: None

Longevity of Results:  
Recommended monthly/bi-monthly

### Suitable For

Deep cleansing  
Hydrating the skin  
Skin brightening  
Special occasions  
Skin maintenance  
Stressed skin  
Dull complexion  
Collagen production  
Fine lines + wrinkles

### Contraindications

Active skin infections  
Anyone on Roaccutane (or who finished a course less than 6 months ago).  
St John's Wort  
Recent waxing, injectable treatments or laser treatments in the previous 2 weeks

### Results

Skin immediately looks hydrated  
Brighter skin  
Increased radiance  
Purify and oxygenate the skin  
Even out skin tone

Farnham | +44 (0)7887 855539 | Winchester | +44 (0)7821 641340

info@theskininvestmentclinic.com | www.theskininvestmentclinic.com



The Brightening facial is a customisable brightening treatment designed to help deep cleanse, hydrate, and enliven the skin. This bespoke treatment is designed for those with no serious concerns, but whose skin needs a little brightening. It is perfect before a special occasion or as a skin maintenance treatment. This facial is the perfect answer for when the skin is overworked, tired and has sustained damage by the environment, stress, and modern-day lifestyles.

The aim of the facial is to increase cell renewal whilst improving your skin's tone, clarity, and overall health. The elimination of impurities and excess oils as well as gentle exfoliation leaves the skin fresh and glowing. The use of high strength antioxidants helps to reinforce the skin's natural defences against the environment to help prevent free radical damage, which leads to premature skin ageing.

Not only does this treatment improve the appearance of a dull complexion by brightening and hydrating it also aids in the stimulation of collagen production to help tighten the skin and reduce fine lines and wrinkles. The skin is left looking more youthful with a radiant glow. The skin is hydrated, protected, intensely revitalised and replenished. Totally recharged with pure radiance.

---

Farnham | +44 (0)7887 855539    Winchester | +44 (0)7821 641340

[info@theskininvestmentclinic.com](mailto:info@theskininvestmentclinic.com) | [www.theskininvestmentclinic.com](http://www.theskininvestmentclinic.com)



THE SKIN INVESTMENT

CLINIC

## Chemical Skin Peels

Treatment from: £96

Treatment Duration: 60 minutes

Recovery Time: Up to 2 weeks

Longevity of Results:  
Recommended maintenance  
treatments

### Suitable For

Melasma  
Hyperpigmentation  
Pigmentation  
Sun damage  
Dull skin  
Brown spots  
Age spots  
Uneven skin tone  
Acne breakouts  
Collagen production  
Fine lines + wrinkles  
Uneven skin tone + texture

### Contraindications

Anyone on Roaccutane (or who  
finished a course less than 6  
months ago)  
  
St John's Wort  
  
Recent waxing, injectable  
treatments or laser treatments  
in the previous 2 weeks

### Results

Skin looks hydrated  
Smoother skin  
Improved tone  
Purify and oxygenate the skin  
Close dilated pores  
Deal with the effects of skin ageing  
Reduce signs of acne  
Lighten and reduce skin hyperpigmentation  
Even out tone, provide brightness

Farnham | +44 (0)7887 855539 | Winchester | +44 (0)7821 641340

info@theskininvestmentclinic.com | www.theskininvestmentclinic.com



A chemical peel is a dermo-cosmetic procedure that consists of provoking accelerated skin regeneration in a controlled manner through application of chemo-exfoliation agents that are used to act on different layers of the skin.

The peeling action causes the elimination of the external layers of the skin with the objective of stimulating collagen and elastin production, thus enhancing its physiological and mechanical characteristics.

**The objectives of a chemical peel are:**

- ✓ Purify and oxygenate the skin, leaving it moisturised and free of impurities
- ✓ Close open pores, improve the texture of the skin and increase the thickness of the epidermis
- ✓ Address the effects of skin ageing, softening wrinkles and plumping the skin
- ✓ Unify skin tone, add luminosity, and smooth imperfections
- ✓ Lighten and lessen pigmented lesions, providing a depigmenting effect
- ✓ Reduce the signs of acne and improve the appearance of scars

Chemical peels can be classified into four levels, depending on its depth of action, which in turn correlates with the nature and intensity of the lesions to treat.

**Highly superficial** – increases uniformity of skin tone for a more luminous appearance.

**Superficial** – stimulate epidermal growth by removing the stratum corneum. This causes skin to flake in a similar way to that occurring after excessive exposure to the sun.

**Medium** – medium peels affect papillary dermis, causing significant flaking by inducing superficial dermal inflammation. It completely removes the epidermis, which then renews until fully regenerated.

**Deep** – deep exfoliation leads to an inflammatory reaction of the reticular dermis, inducing collagen and elastin fibre reconstruction. Advanced medical peels and undertaken by a dermatologist.

---

Farnham | +44 (0)7887 855539 | Winchester | +44 (0)7821 641340

info@theskininvestmentclinic.com | www.theskininvestmentclinic.com



THE SKIN INVESTMENT

CLINIC

## Clinical Pigmentation Treatment

Treatment from: £96

Treatment Duration: 60 minutes

Recovery Time: None

**Longevity of Results:**  
Recommended bi-monthly.  
6 treatments total - alternate  
weeks

### Suitable For

Melasma  
Hyperpigmentation  
Pigmentation  
Sun damage  
Dull skin  
Brown spots  
Age spots  
Uneven skin tone  
Acne breakouts  
Collagen production  
Fine lines + wrinkles  
Uneven skin tone + texture

### Contraindications

Keloid scarring  
Vitiligo  
Cancer  
Active herpes simplex  
Active skin infections  
Medication causing photosensitivity  
Roaccutane  
Pregnancy or breast feeding

### Results

Reduced redness  
Reduced pigmentation  
Reduced thread veins  
Improved tone and texture

Farnham | +44 (0)7887 855539 | Winchester | +44 (0)7821 641340

info@theskininvestmentclinic.com | www.theskininvestmentclinic.com





The Clinical Pigmentation Treatment is a customisable brightening treatment designed to help improve photo damaged skin, melasma – the 'mask of pregnancy' and post inflammatory hyperpigmentation caused by acne lesions.

This clinical treatment combines an advanced skin peel, vitamin C serum and other anti-oxidants and lightening ingredients to reduce melanin production and help break down existing pigment. Not only does this treatment improve the appearance of hyper-pigmentation, help fight free radical damage and brighten the complexion, but it also helps stimulate collagen production to help tighten the skin and reduce fine lines and wrinkles.

#### **The benefits of the clinical pigmentation facial are:**

- ✓ Improves the appearance of hyperpigmentation and dullness by exfoliating surface skin cells
- ✓ Helps lighten brown spots and even out skin tone
- ✓ Decreases the frequency of acne breakouts and fades the appearance of post inflammatory hyperpigmentation
- ✓ Stimulates collagen production to reduce signs of photo-ageing, including fine lines and wrinkles
- ✓ Softens and smooths the skin's texture
- ✓ Increases radiance

**Farnham | +44 (0)7887 855539 | Winchester | +44 (0)7821 641340**

**[info@theskininvestmentclinic.com](mailto:info@theskininvestmentclinic.com) | [www.theskininvestmentclinic.com](http://www.theskininvestmentclinic.com)**





THE SKIN INVESTMENT

CLINIC

## Cosmelan Depigmentation Peel

Treatment from: £950

Treatment Duration: 8-12 hours

Recovery Time: Up to 10 days

Longevity of Results: Long lasting  
with follow up programme and  
continued sun protection

### Suitable For

Melasma  
Hyperpigmentation  
Pigmentation  
Post inflammatory hyperpigmentation  
Solar lentigo  
Freckles  
Dark spots

### Contraindications

Anyone on Roaccutane (or who  
finished a course less than 6  
months ago)

St John's Wort

Recent waxing, injectable  
treatments or laser treatments  
in previous 2 weeks

### Results

Skin looks rejuvenated  
Pigmentation patches faded  
Skin has even, healthy tone

Farnham | +44 (0)7887 855539 | Winchester | +44 (0)7821 641340

info@theskininvestmentclinic.com | www.theskininvestmentclinic.com



The cosmelan peel is a unique, multi-ingredient chemical peel, designed especially for hyperpigmentation and discolouration of the skin. This is caused by the following:

- ✓ Ultraviolet damage
- ✓ Freckles, lentigo or nevus
- ✓ Hyperpigmentation of the skin
- ✓ Birthmarks
- ✓ Post-inflammatory pigmentation from acne and acne scarring
- ✓ Pregnancy mask (melasma)

### **What is Cosmelan?**

The effects of the sun can cause all sorts of damage to our skin, such as hyperpigmentation and sun spots. Sun spots are caused when UV rays stimulate the melanin within our skin. Melanin is responsible for determining our skin's pigment to protect the skin. In many of us, when our skin is exposed to sunlight, small brownish freckles, uneven patches and marks can appear; this makes skin look uneven in tone and texture. Pigmentation can also be caused by the natural ageing process as well as hormonal conditions and changes in the body (such as pregnancy).

Unlike some dermal peels, Cosmelan is tolerated well by all skin types and ages. It has a proven track record of efficacy and contains no hydroquinone (a controversial substance which is often used in products which lighten the skin, but can be very harsh and damaging). Instead, it contains multiple pigment-solving ingredients in one system, such as azelaic acid and kojic acid, which are naturally derived acids, to maximise its effect.

---

Farnham | +44 (0)7887 855539 | Winchester | +44 (0)7821 641340

[info@theskininvestmentclinic.com](mailto:info@theskininvestmentclinic.com) | [www.theskininvestmentclinic.com](http://www.theskininvestmentclinic.com)



THE SKIN INVESTMENT

CLINIC

## Dermal Fillers

Treatment from: £350

Treatment Duration: 30 minutes

Recovery Time: 3-5 days

### Suitable For

Fine and deep lines  
Facial volume loss  
Dehydrated skin  
Nasal labial folds  
Marionette lines  
Ageing hands  
Ageing décolletage  
Thin or dry lips  
Cheek bone volume loss  
Nose reshaping  
Tear troughs  
Jawline and chin

### Contraindications

Active cold sores  
Active skin infections  
Pregnancy  
Breastfeeding

### Results

Smoothed out lines and wrinkles  
Improved volume in the lips and cheeks  
Lifts the face  
Reshape face

Farnham | +44 (0)7887 855539 | Winchester | +44 (0)7821 641340

[info@theskininvestmentclinic.com](mailto:info@theskininvestmentclinic.com) | [www.theskininvestmentclinic.com](http://www.theskininvestmentclinic.com)



Treatment involves injecting a medically developed solution under the skin with a fine needle to give volume and plump and fill lines, grooves, or sunken areas.

Dermal fillers are used to treat a range of skin concerns, including lack of volume and shallow to deep wrinkles and folds.

Dermal Fillers have become increasingly popular because they can quickly decrease common signs of ageing.

Once you undergo a treatment, the improvement and results are evident immediately. As the filler settles under the skin, the full effect is visible in a matter of days.

Popular areas to add volume and fullness include the lips, cheeks, and bridge of the nose. For smoothing, adding volume, plumping lines, and wrinkles, popular treatment areas include around the forehead, tear troughs, mouth, smile marionette and lipstick lines, jawline, and chin.

---

Farnham | +44 (0)7887 855539 | Winchester | +44 (0)7821 641340

[info@theskininvestmentclinic.com](mailto:info@theskininvestmentclinic.com) | [www.theskininvestmentclinic.com](http://www.theskininvestmentclinic.com)



THE SKIN INVESTMENT

CLINIC

## Deramamelan

Treatment from: £950

Treatment Duration: 30-45 minutes  
(2 treatments)

Recovery Time: 10-14 days

### Suitable For

Melasma  
Chloasma  
Acne  
Lentigo  
Sun damaged skin  
Oily skin  
Brown spots  
Blemishes  
Pregnancy blemishes  
Dull, unhealthy skin  
Enlarged pores  
Uneven, patchy skin  
Oil and pore-minimised skin

### Contraindications

Anyone on Roaccutane (or  
who finished a course less  
than 6 months ago)

St John's Wort

Recent waxing, injectable  
treatments or laser  
treatments in previous 2  
weeks

### Results

Reduction of any excessive  
oiliness

Improvement of acne

Bright, rejuvenated skin

Abnormal pigmentation  
starts to fade

Results start to show in just  
10-14 days after treatment  
and pigmentation can be  
reduced by up to 95%

Improved skin health

Farnham | +44 (0)7887 855539 | Winchester | +44 (0)7821 641340

info@theskininvestmentclinic.com | www.theskininvestmentclinic.com



Dermamelan mask treatment works to smooth and even out skin tone, diminishing uneven brown, pigmented patches.

The Dermamelan treatment consists of two phases that ensure a lasting result. It effectively combines professional medical treatment and home treatment for rapid whitening of all types of skin blemishes at any time of the year.

Dermamelan regulates oil production, making it an effective acne treatment.

Dermamelan is a quick and highly effective treatment which results in glowing skin and an even skin tone.

#### **What does it involve?**

The peel itself contains a variety of active ingredients such as kojic acid, phytic acid and ascorbic acid. These agents block the production of melanin by irreversibly inhibiting tryosinase, which is an enzyme involved mainly in melanin synthesis, to help reduce pigmentation formation.

This process does not make the melanocytes disappear, but simply paralyses or stops melanin production, without risk of white blemishes appearing, thus improving the complexion of the skin long term.

#### **What happens during a Dermamelan peel treatment?**

Following a thorough consultation, assessment and completed consent, your practitioner will prepare your skin by removing all grease, makeup and other debris from its surface so that the Dermamelan mask can then be applied.

The application is quick and straightforward and takes approximately 20 minutes. You will then leave the clinic with the mask left on your face and it must sit for around 12 hours. You can eventually remove the mask at home with soap and water as directed, you will then need to adhere to the maintenance routine as instructed by your practitioner.

---

Farnham | +44 (0)7887 855539 | Winchester | +44 (0)7821 641340

[info@theskininvestmentclinic.com](mailto:info@theskininvestmentclinic.com) | [www.theskininvestmentclinic.com](http://www.theskininvestmentclinic.com)





THE SKIN INVESTMENT

CLINIC

## Detection of Skin Cancer

Clinical and Dermatoscopic  
Assessment: £150

Treatment Duration: 15-30 minutes

Recovery Time: None

Longevity of Results: 3 months  
(check ups recommended every  
3-12 months). Follow up £100.



### Suitable For

Facial and body moles

New or existing moles

In clinic mole checks

Moles/nevi

Non-melanoma skin cancer

Actinic keratosis



Farnham | +44 (0)7887 855539 | Winchester | +44 (0)7821 641340

info@theskininvestmentclinic.com | www.theskininvestmentclinic.com





To ensure malignant skin lesions are detected early, it is important to continually check your skin to detect changes in pre-existing pigmented lesions, new lesions or assess any non healing new skin lesion. By checking your skin regularly, you should be able to catch a suspicious lesion at an early stage so it can be dealt with quickly.

Early diagnosis is crucial for malignant melanoma, as a treatment for advanced melanoma is rarely effective. Dermoscopy allows us to increase diagnostic accuracy, reducing the number of unnecessary excisions of benign skin lesions, sparing time, pain, and cost.

Checking your moles can often be difficult, especially if you have a lot or have moles in hard-to-see areas such as the back and shoulders.

Our Mole Mapping service does this for you quickly and effectively via detailed examination of your skin from head to toe, all your moles and other skin lesions are examined. They are then looked at under a Dermatoscope, which enables the Dermatologist to see the pigment below the skin surface.

Should any suspicious moles be discovered, these can either be monitored or removed.

---

Farnham | +44 (0)7887 855539 | Winchester | +44 (0)7821 641340

[info@theskininvestmentclinic.com](mailto:info@theskininvestmentclinic.com) | [www.theskininvestmentclinic.com](http://www.theskininvestmentclinic.com)



THE SKIN INVESTMENT  
CLINIC

## Dermatology

Treatment from: £150

Treatment Duration: Various

Recovery Time: Various

Longevity of Results: Various

### Suitable For

Acne	Skin conditions	Nail problems
Eczema	Dermatitis	Scars and keloids
Psoriasis	Skin cancer	Skin rashes
Moles	Infections	Discolouration/ Pigmentation
Excessive sweating	Rosacea	Cosmetic concerns
Warts/Veruccas	Hair loss	Facial broken veins
Lumps + bumps		Birth marks
Seborrhoeic warts (skin tags)		

Farnham | +44 (0)7887 855539 | Winchester | +44 (0)7821 641340

info@theskininvestmentclinic.com | www.theskininvestmentclinic.com



Dermatology is the medical speciality that looks at investigation, diagnosis, and treatment of skin conditions.

Our world leading Dermatologists work with patients to improve the skin's appearance by removing growths, discolouration, or damage caused by ageing, sunlight or disease.

Treatment is through a combination of methods, for example topical creams and gels, and antibiotics. All programmes are individually tailored to the patient's needs.

**Call our friendly team to arrange a consultation for these or any other skin treatments and conditions that you wish to seek medical advice for:**

- ✓ Anti ageing procedures to erase fine lines and wrinkles
- ✓ Treating acne with expert advice and recommendations
- ✓ Scars and keloids
- ✓ Mole mapping service
- ✓ Skin tag removal procedures
- ✓ Birth mark removal
- ✓ Rosacea treatment plans
- ✓ Wart and verruca removal
- ✓ Facial broken veins
- ✓ Melasma

---

Farnham | +44 (0)7887 855539 | Winchester | +44 (0)7821 641340

[info@theskininvestmentclinic.com](mailto:info@theskininvestmentclinic.com) | [www.theskininvestmentclinic.com](http://www.theskininvestmentclinic.com)



THE SKIN INVESTMENT

CLINIC

## Eczema, Rosacea + Psoriasis

Consultation Treatment from: £150

Farnham | +44 (0)7887 855539 | Winchester | +44 (0)7821 641340

[info@theskininvestmentclinic.com](mailto:info@theskininvestmentclinic.com) | [www.theskininvestmentclinic.com](http://www.theskininvestmentclinic.com)



### **Atopic Eczema**

Eczema is a common condition that mainly affects children, but can continue into adulthood. Atopic eczema or atopic dermatitis as it is also known is the most common form of eczema. It tends to occur in areas where there are folds of skin such as behind the knees, the front of the elbows, side of the neck, and around the eyes and ears. Other types of eczema include allergic contact dermatitis and irritant contact dermatitis.

### **Psoriasis**

Psoriasis is a chronic skin condition and, it affects around 2% of the UK population. It causes red, flaky, crusty patches of skin covered with silvery scales that can be very itchy. It can also affect the scalp, nail and joints.

The severity of the condition varies from person to person but, for some, it can be extremely debilitating.

### **Rosacea**

Rosacea is another chronic skin condition that mainly affects the face, beginning with episodes of flushing. Sufferers may develop papules - pustular lesions and persistent facial redness. In some cases, small blood vessels may become visible, and in extreme cases, the skin can thicken and enlarge on and around the nose.

The exact cause of rosacea is unknown but certain factors are known to make it worse. These include exposure to sunlight, stress, cold weather, hot drinks, and certain foods such as spicy food.

---

Farnham | +44 (0)7887 855539 | Winchester | +44 (0)7821 641340

[info@theskininvestmentclinic.com](mailto:info@theskininvestmentclinic.com) | [www.theskininvestmentclinic.com](http://www.theskininvestmentclinic.com)



THE SKIN INVESTMENT

CLINIC

## Mesotherapy for Cellulite

**Treatment from:** £150

**Treatment Duration:** 15-30 minutes  
Treatments are carried out every 2 weeks depending on the area being treated. Single treatments do not give lasting results. Multiple sessions are necessary.

**Recovery Time:** Swelling and bruising for 5-7 days on average

### Suitable For

The upper and lower abdomen  
The hips  
The outer thighs  
The thighs  
The knees  
The arms

### Contraindications

Allergies to active ingredients  
Skin infection or disease  
Autoimmune disease  
Uncompensated diabetes  
Immunosuppressants  
Steroid therapy  
Pregnancy and breastfeeding

### Results

Improve circulation  
Firm the skin  
Improving the appearance  
of "orange peel" skin  
Fat reduction when present

Farnham | +44 (0)7887 855539 | Winchester | +44 (0)7821 641340

info@theskininvestmentclinic.com | www.theskininvestmentclinic.com





Mesotherapy was originally pioneered by the French physician Dr Michael Pistor in 1952. Its a minimally invasive, safe procedure that is widely used in France and throughout Europe to treat various medical conditions, skin rejuvenation, hair restoration, cellulite reduction, the improvement of fine lines and wrinkles and the promotion of collagen and elastin.

Mesotherapy gives health to your skin, boosting your skins capacity to repair itself naturally, leaving you with a fresher, younger, healthier looking skin.

Multiple micro injections of specific, targeted products can be given to address each individual concerns, creating a bespoke treatment plan. These tiny “medical bullets” are delivered directly into the middle layer of the skin.

### **How does Mesotherapy work?**

Multiple micro-injections of active molecules. The speed and accuracy of delivery is such that the treatment is virtually pain free, gentle and with very little chance of bruising. The localised micro action of the needle also stimulates collagen and elastin production, so helping to strengthen and restore your skin with the added benefit of reducing scars, lines and wrinkles. It also helps to stimulate micro circulation which aids in hair restoration, rejuvenation, eliminating waste, and lymphatic drainage.

### **Mesotherapy Treatments**

- ✓ Skin rejuvenation of face, neck, décolletage and back of hands
- ✓ Improving texture and luminosity of the skin
- ✓ Hydration of the skin
- ✓ Treatment of cellulitis
- ✓ Hair restoration
- ✓ Reduction of fine lines and wrinkles
- ✓ Reduction of localized fat
- ✓ Stimulation of collagen and elastin production

---

**Farnham | +44 (0)7887 855539   Winchester | +44 (0)7821 641340**

**[info@theskininvestmentclinic.com](mailto:info@theskininvestmentclinic.com) | [www.theskininvestmentclinic.com](http://www.theskininvestmentclinic.com)**





THE SKIN INVESTMENT

CLINIC

## Hair Loss Treatment

**Treatment from:** £150

**Treatment Duration:** Multiple sessions required

**Recovery Time:** None

**Longevity of Results:** 6-12 treatments are usually required, depending on desired results. Following that, maintenance every 6 months.

### Suitable For

Stimulating hair growth  
Stimulating thicker, heavier hair  
Female hair loss  
Male pattern baldness  
Brittle hair  
Damaged hair  
Alopecia areata

### Contraindications

Allergies to active ingredients  
Skin infection or disease  
Autoimmune disease  
Uncompensated diabetes  
Immunosuppressants  
Steroid therapy  
Pregnancy and breastfeeding

### Results

Thicker hair  
Healthier hair  
Shinier hair  
Stronger hair

Farnham | +44 (0)7887 855539 | Winchester | +44 (0)7821 641340

info@theskininvestmentclinic.com | www.theskininvestmentclinic.com



**Microneedling** is a type of cosmetic treatment that uses a skin roller with small needles which causes minor skin injuries. The needling is thought to regenerate the health of the hair follicle. This can result in new hair growth and thicken thinning hair. The same process of creating wounds in the skin is also thought to regenerate the health of the hair follicles. It's thought that this can result in new hair growth, or perhaps, it may thicken thinning hair as seen in androgenic alopecia or male pattern baldness. Microneedling may also promote the absorption of products used to treat hair loss, such as minoxidil (Rogaine), topical steroids and platelet rich plasma.

**Mesotherapy** is a unique treatment that involves a once-weekly series of injections containing active ingredients to stimulate hair growth. By administering these active ingredients to the mesoderm (middle layer of the skin) the treatment stimulates strong hair and produces growth of thicker, heavier hair. Mesotherapy brings just the right materials to the exact place where it is needed (around the hair follicles) so that:

- ✓ The hair follicle can grow and survive
- ✓ The excess of DHT (dihydrotestosterone) is neutralised
- ✓ The blood circulation is stimulated

---

Farnham | +44 (0)7887 855539 | Winchester | +44 (0)7821 641340

[info@theskininvestmentclinic.com](mailto:info@theskininvestmentclinic.com) | [www.theskininvestmentclinic.com](http://www.theskininvestmentclinic.com)



THE SKIN INVESTMENT

CLINIC

## Milia Removal

Treatment from: £150

Treatment Duration: 30 minutes

Recovery Time: None

Longevity of Results: Permanent  
(Milia will not return)

### Suitable For

Milia  
White Spots

### Contraindications

Hepatitis B  
Blood disorders  
Heart conditions, especially when  
taking blood thinners  
High blood pressure (can only  
treat once controlled/lowered)

### Results

Milia completely flat and  
undetected  
Skin looks clearer, healthier  
and blemish free

Farnham | +44 (0)7887 855539 | Winchester | +44 (0)7821 641340

[info@theskininvestmentclinic.com](mailto:info@theskininvestmentclinic.com) | [www.theskininvestmentclinic.com](http://www.theskininvestmentclinic.com)



Milia are small, white, or yellowish raised bumps on the skin. They are usually found around the eye area and cheeks but can appear anywhere on the face or body. Unlike a pimple or spot, milia feel hard, almost like a small piece of grit under the skin, and do not have any redness or inflammation as you might expect with whiteheads or acne-related spots. It is common to have several milia appear in clusters on the skin around the eyes. It is possible to have just one milium at a time, and they can occur on any part of the body, including the groin and genital area.

**Needle extraction** - Once the skin with milia has been cleaned, a sterile needle is used to create a tiny incision and the contents of the milia are carefully extracted.

**Prescribed medication** - It may be more suitable to prescribe a topical medication to try to prevent appearance of new milia.

**Hyfrecation** - Sometimes the Doctor may suggest a low power hyfrecation to facilitate the milia.



THE SKIN INVESTMENT

CLINIC

## Lump + Bump Removal

Treatment from: £150

Treatment Duration: 15-30 minutes

Recovery Time: Dependant on size of lesion



### Suitable For

Compound nevi

Dermal moles

Skin tags

Viral warts

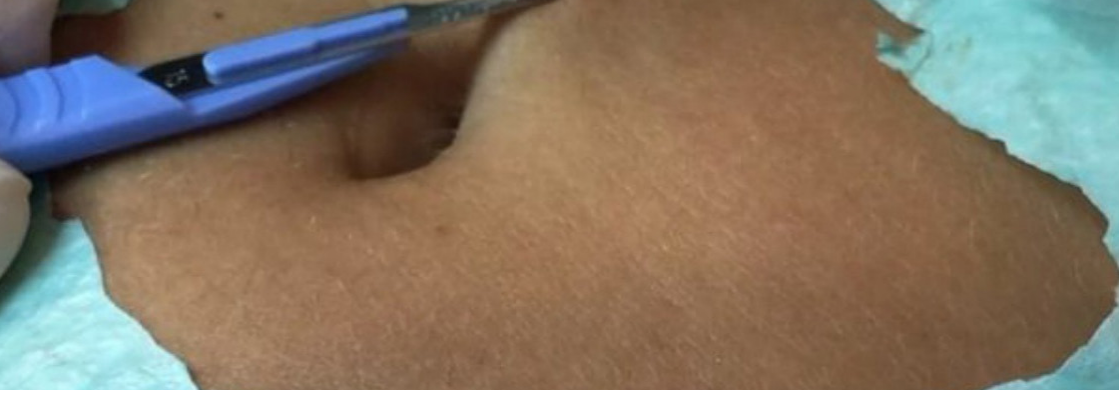
Milia

Seborrheic keratosis



Farnham | +44 (0)7887 855539 | Winchester | +44 (0)7821 641340

info@theskininvestmentclinic.com | www.theskininvestmentclinic.com



Minor surgical procedures are those that are minimally invasive. They are relatively painless and relatively quick procedures. Most procedures are carried out using local anaesthetic. Most minor skin procedures involve removing skin lesions that affect your confidence or have potential health implications.

**What happens if moles look cancerous?**

If moles look suspicious, after the consultation the Doctor will refer you for further investigations and treatment.

---

Farnham | +44 (0)7887 855539 | Winchester | +44 (0)7821 641340

[info@theskininvestmentclinic.com](mailto:info@theskininvestmentclinic.com) | [www.theskininvestmentclinic.com](http://www.theskininvestmentclinic.com)





THE SKIN INVESTMENT

CLINIC

## Microdermabrasion

**Treatment from:** £96

**Treatment Duration:** 60 minutes

**Recovery Time:** None

**Longevity of Results:** Course of 6 treatments, every 4-6 weeks for best results

### Suitable For

Fine lines  
Wrinkles  
Dull skin  
Irregular skin texture  
Enlarged pores  
Age spots  
Sensitive skin  
Acne prone skin  
Scars  
Blackheads  
Whiteheads  
Hyperpigmentation  
Excessive oiliness  
Dry skin  
Sun Damage/Uneven skin tone

### Contraindications

Active skin infections  
  
Anyone on Roaccutane (or who finished a course less than 6 months ago)  
  
St John's Wort  
  
Recent waxing, injectable treatments or laser in the previous 2 weeks

### Results

Skin immediately looks hydrated, brighter and more radiant

Farnham | +44 (0)7887 855539 | Winchester | +44 (0)7821 641340

info@theskininvestmentclinic.com | www.theskininvestmentclinic.com



Microdermabrasion is a deeply effective treatment that renews your skin and gives a fresher, younger-looking glow. It's one of the simplest and least disruptive skin treatments and is ideal even for people with sensitive skin.

Microdermabrasion is suitable for the face and most areas of the body. Popular areas for treatment include the face, neck, and chest.

#### **How does microdermabrasion work?**

The microdermabrasion technique uses microcrystals, which are hard enough to disrupt unwanted tired skin cells that cause dull looking skin but small enough not to do any damage or cause pain.

Not only does undergoing a microdermabrasion facial mean not having any artificial or even natural substances injected, but it also works in harmony with your body. Once the treatment has removed dead and tired cells, your body will work to replace them with fresh, healthier looking skin.

Diamond microdermabrasion is also ideal for preparing the skin for more advanced treatments and is often used in conjunction with skin peels for best results.

#### **The benefits of Microdermabrasion are:**

- ✓ Reveals new, living cells and a healthy glow
- ✓ Epidermal layers of the skin are rejuvenated
- ✓ Your skin will feel softer
- ✓ Increased circulation
- ✓ Newer, healthier skin cells are produced

---

Farnham | +44 (0)7887 855539 | Winchester | +44 (0)7821 641340

[info@theskininvestmentclinic.com](mailto:info@theskininvestmentclinic.com) | [www.theskininvestmentclinic.com](http://www.theskininvestmentclinic.com)



THE SKIN INVESTMENT

CLINIC

## Microneedling

**Treatment from:** £250

**Treatment Duration:** 1 hour 30 minutes

**Recovery Time:** 3-5 days

**Longevity of Results:** One treatment per week over 6 weeks, plus maintenance sessions

### Suitable For

Dull skin  
Ageing skin  
Fine lines and wrinkles  
Collagen production  
Acne scars  
Chicken-pox scars  
Uneven skin texture  
Pigmentation  
Sun damage  
Sagging skin  
Enlarged pores  
Stretch marks

### Contraindications

Anyone on Roaccutane (or who finished a course less than 6 months ago)  
  
Keloid scarring  
  
Active cold sores in the area being treated  
  
Oral retinoids  
  
Anti coagulants  
  
Corticosteroids

### Results

Increased collagen production to smooth skin  
  
Improved tone  
  
Less scarring

Farnham | +44 (0)7887 855539 | Winchester | +44 (0)7821 641340

info@theskininvestmentclinic.com | www.theskininvestmentclinic.com



### **How does microneedling work?**

Microneedling works by stimulating your skin's natural repair process to reveal smoother, brighter, healthier skin. Micro needling stimulates the skin's natural repair process, encouraging it to regenerate itself creating a smoother, brighter more youthful appearance.

### **Is it painful and what will my skin be like afterwards?**

Before the procedure commences a topical anaesthetic is applied to your skin to ensure your comfort. Immediately after the treatment, it's normal for the skin to look as though you have had mild sunburn and it may feel warm and tingly. These reactions start to subside after a few hours and most skins recover completely within 24-48 hour period.

### **Targeted areas for microneedling**

Microneedling is most often used on your face to target:

- ✓ Acne scars
- ✓ Age spots
- ✓ Fine lines and wrinkles
- ✓ Large pores
- ✓ Other types of scars
- ✓ Reduced skin elasticity
- ✓ Uneven skin tone

In addition to facial concerns, microneedling is sometimes used to treat stretch marks in other areas of the body. One study found that microneedling was effective for stretch marks on the thighs and abdominal area. Scarring on other body parts may also be treated with this procedure. However, microneedling is primarily used on the face.

---

Farnham | +44 (0)7887 855539 | Winchester | +44 (0)7821 641340

[info@theskininvestmentclinic.com](mailto:info@theskininvestmentclinic.com) | [www.theskininvestmentclinic.com](http://www.theskininvestmentclinic.com)



THE SKIN INVESTMENT

CLINIC

## Non Invasive Facelift

Treatment from: £96

Treatment Duration: 60 minutes

Recovery Time: None

Longevity of Results: Monthly sessions recommended

### Suitable For

Ageing skin  
Fine lines  
Lax skin  
Dull skin  
Stress  
Migraines  
Sinus problems  
Insomnia  
Poor lymph circulation

### Contraindications

Active cold sores  
Skin infections

### Results

Promotes blood circulation  
Strengthens the bond between facial skin and muscles  
Releases muscle tension

Farnham | +44 (0)7887 855539 | Winchester | +44 (0)7821 641340

info@theskininvestmentclinic.com | www.theskininvestmentclinic.com



The non-invasive face lift is a revolutionary new facial treatment being acknowledged by many as a credible alternative to Botox and Dermal Fillers.

We combine our signature muscle manipulation techniques for powerful face sculpting. This treatment will stimulate circulation and improve lymphatic drainage, whilst toning and contouring the muscles of the face. It also stimulates collagen and elastin production, and so when all of this is combined, it gives the face a natural lift and overall enhancement, minimising the appearance of ageing lines.

We use high end cosmeceutical products in the treatment to help reach your skincare goals and leave you with glowing, radiant skin.

Consistency is key. This treatment can be performed every seven days for those wanting a regular treatment and we would recommend a minimum of once a month to see long lasting results.

**The benefits for the non-invasive face lift are:**

- ✓ Naturally stimulates collagen and elastin
- ✓ Lifts and contours the face
- ✓ Targets wrinkles
- ✓ Provides instant results
- ✓ Tightens and plumps the skin
- ✓ Smooths and lifts the face
- ✓ Leaves a glowing complexion
- ✓ Relaxes facial muscles
- ✓ Improves lymphatic drainage

---

Farnham | +44 (0)7887 855539 | Winchester | +44 (0)7821 641340

[info@theskininvestmentclinic.com](mailto:info@theskininvestmentclinic.com) | [www.theskininvestmentclinic.com](http://www.theskininvestmentclinic.com)





THE SKIN INVESTMENT

CLINIC

## Plasma Treatment

Treatment from: £100

Treatment Duration: 1 hour 30 minutes

Recovery Time: Up to 10 days

### Suitable For

Hooded eyes  
Permanent wrinkle lines  
Scars  
Pigmentation  
Jowls  
Frown lines  
Lax skin  
Marionette lines  
Frown lines  
Glabellar lines  
Skin tags  
Stretch marks

### Contraindications

Skin infections  
Epilepsy  
Hepatitis  
Vitiligo  
Long term Diabetes  
St John's Wort  
Pacemaker/Defibrillators  
Autoimmune disease  
Any type of cancer  
Keloid scarring  
Haemophilia

### Results

Removes excess skin  
Removes skin lesions  
Reduces lines and wrinkles  
by tissue sublimation

Farnham | +44 (0)7887 855539 | Winchester | +44 (0)7821 641340

[info@theskininvestmentclinic.com](mailto:info@theskininvestmentclinic.com) | [www.theskininvestmentclinic.com](http://www.theskininvestmentclinic.com)



Plasma skin tightening and excess skin removal is performed using an electric current that produces a plasma arc, which vaporises the top layer of the epidermis at a specific point.

These plasma points create a skin tightening and healing response that can be used to tighten stubborn areas and remove excess skin, in particular around the eyes (blepharoplasty, eye-lift) and neck.

The procedure is known by a number of different names such as fibroblast treatment and plasma skin resurfacing.

The device operates at a distance of 1mm above the skin surface and creates a small electrical arc at its tip. This arc is called a plasma arc. When this plasma arc touches the skin, it vaporises a millimetre sized dot on the surface of the skin, a process called sublimation.

This enables the treatment imprint to be wider and shallower than traditional thermal only devices.

This dot minimally tightens the area of skin being treated. Many points are applied together creating a so-called "reduction grid". Through the application of these grids in very specific patterns, we can tighten or remove excess skin.

---

Farnham | +44 (0)7887 855539 | Winchester | +44 (0)7821 641340

[info@theskininvestmentclinic.com](mailto:info@theskininvestmentclinic.com) | [www.theskininvestmentclinic.com](http://www.theskininvestmentclinic.com)



THE SKIN INVESTMENT

CLINIC

## Profhilo

Treatment from: £250

Treatment Duration: 20 minutes

Recovery Time: Same day

### Suitable For

Face  
Forehead  
Neck  
Hands  
Decolletage  
Inner arms  
Crepey skin

### Contraindications

Known sensitivity to hylauronic acid  
  
Pregnancy and breastfeeding

### Results

Hydrates skin  
  
Improves appearance of  
lines and wrinkles  
  
Lifts skin

Farnham | +44 (0)7887 855539 | Winchester | +44 (0)7821 641340

info@theskininvestmentclinic.com | www.theskininvestmentclinic.com



### What is Prophilos?

Prophilos is a type of injectable rejuvenation treatment, and unlike dermal fillers, not designed to add volume to the skin or restrict movement in the facial muscles. Instead, this anti-ageing hydration treatment contains high levels of hyaluronic acid (HA), a naturally occurring compound that helps improve tone, texture, and elasticity.

Prophilos is an excellent option for the early prevention of lines, wrinkles, and loss of volume as a result of ageing and reduction in collagen and elastin in the skin. Prophilos won't produce lumps and bumps and therefore is fantastic for areas like the neck where fillers can't provide such a smooth solution.

### Revolutionary skin rejuvenation injections:

- ✓ Reduces appearance of fine lines and wrinkles and re-hydrates the skin
- ✓ Moisturises from the inside out
- ✓ Uses slow release Hyaluronic Acid
- ✓ Stimulates the production of collagen and elastin
- ✓ Can be used on the face, neck, décolletage and hands

### The Treatment

During a Prophilos treatment, hyaluronic acid is injected into several different points within the target area just below the skin's surface. It works by delving down below the surface of the skin, where it spreads and takes hold of the moisture from within. The substance then actually conditions the skin from the inside out. Prophilos delivers great results as a treatment on its own or can be used in combination with other treatments.

---

Farnham | +44 (0)7887 855539 | Winchester | +44 (0)7821 641340

[info@theskininvestmentclinic.com](mailto:info@theskininvestmentclinic.com) | [www.theskininvestmentclinic.com](http://www.theskininvestmentclinic.com)



THE SKIN INVESTMENT

CLINIC

## Removal of Scars and Keloids

Treatment from: £250

Treatment Duration: 30 minutes

Recovery Time: Up to one week

### Suitable For

Atrophic scars

Pitted and sunken scars

Hypertrophic scars

Keloid and pathological scars

### Contraindications

Impaired sensation or circulation

Open wound (treatment area)

Skin cancer (treatment area)

Hypersensitivity to cold

### Results

Reduction in the size of the keloid

Farnham | +44 (0)7887 855539 | Winchester | +44 (0)7821 641340

info@theskininvestmentclinic.com | www.theskininvestmentclinic.com



The goal of treatment is to flatten, soften or shrink the scar or keloid and sometimes a combination of treatments are used. Treatments include the following:

- ✓ Intralesional steroid injections to help shrink the scar
- ✓ Collagen or hyaluronic acid injections for sunken scars
- ✓ Cryotherapy to freeze the scar and reduce the hardness and size
- ✓ Surgical removal
- ✓ Chemical peels
- ✓ Microneedling

Keloid scars are an abnormal type of scar that form as a result of trauma or injury. Keloid scars are raised, bulbous and tend to spread when compared with a normal scar. The appearance can vary from mild cosmetic nuisance to gross deformity. Keloids can also be itchy and painful. Keloid scars differ from hypertrophic scars in that they grow and spread beyond the margins of the wound or injury.

Keloid scars (line hypertrophic scars are more prevalent in the following:

- ✓ Darker skin types
- ✓ Areas where skin heals under tension
- ✓ Ears, chest, shoulders and upper arms
- ✓ Following surgery - breast implant scars or abdominal procedure scars
- ✓ Areas of constant flexion and extension such as skin over joints

---

Farnham | +44 (0)7887 855539 | Winchester | +44 (0)7821 641340

[info@theskininvestmentclinic.com](mailto:info@theskininvestmentclinic.com) | [www.theskininvestmentclinic.com](http://www.theskininvestmentclinic.com)





THE SKIN INVESTMENT

CLINIC

## Sclerotherapy for Leg Veins

**Treatment from:** £200

**Treatment Duration:** 30-45 minutes  
(1-3 treatments)

**Recovery Time:** Up to one week

### Suitable For

Spider veins

Thread veins

Broken veins

### Contraindications

Allergic sensitivity to the sclerosant

Pregnancy

Infection

Deep vein thrombosis (DVT) - especially patients in whom the deep system is occluded and the extremity drained through the superficial system

Arterial disease

### Results

Small veins will usually disappear more quickly than larger ones

Spider veins will disappear in about 3-6 weeks

Larger veins will respond in 3-4 months

Farnham | +44 (0)7887 855539 | Winchester | +44 (0)7821 641340

info@theskininvestmentclinic.com | www.theskininvestmentclinic.com



Leg veins are a term given to a wide variety of unsightly vein problems.

It is possible to remove broken veins from your legs and other parts of your body.

Many factors cause broken veins, including sun exposure, smoking, drinking, hormonal changes, genetic predisposition, and weight. The treatment for small leg veins is sclerotherapy.

Sclerotherapy effectively treats broken veins (also known as spider veins). It involves injecting a saline solution directly into the vein which disperses the thread veins.

The sclerosant irritates the inner wall of the veins and causes them to become inflamed; the vein walls then stick together and the vein disappears.

When we talk about the treatment of leg veins in cosmetic dermatology, we are often talking about the treatment of these three types of unsightly veins:

- ✓ **Telangiectasia** (spider veins). These are the most common veins that clients wish to be treated. They are usually purple to black in colour and 0.5-1.4mm in diameter.
- ✓ **Reticular veins** (flat feeding vessels) are the veins that may also be injected as they feed the webs of spider veins. Without sealing them off, treatment of spider veins can be short lived.
- ✓ **Varicose veins** are raised, large diameter veins that bulge out from the skin surface. These veins are like the veins of a lean, muscular body builder. They tend to be large and bulge under the skin. However, they tend to be found on the legs of normal individuals rather than the arms of body builders.



THE SKIN INVESTMENT

CLINIC

## Sensitive skin + Rosacea Facial

Treatment from: £96

Treatment Duration: 60 minutes

Recovery Time: None

Longevity of Results:  
Recommended monthly/bi-monthly

### Suitable For

Rosacea  
Sensitive skin  
Hypersensitive skin  
Inflamed skin

### Contraindications

Keloid scarring  
Vitiligo  
Cancer  
Active herpes simplex  
Active infections  
Medication which results in photosensitivity  
Roaccutane  
Tanned skin  
Pregnancy or breast feeding

### Results

Rosacea and redness  
reduced

Farnham | +44 (0)7887 855539 | Winchester | +44 (0)7821 641340

info@theskininvestmentclinic.com | www.theskininvestmentclinic.com



This facial is great for sensitive and reactive skins weakened by external aggressions. Stress, cold, heat contribute to sensitive skin feeling constantly uncomfortable. This facial is a soothing and comforting break. Redness fades away whilst the skin recovers its suppleness and softness.

Every patient is different, and each case of Rosacea is completely individual. Therefore treatments are tailored to an individual's specific needs and requirements.

The soothing Facial is a bespoke treatment scientifically formulated for hypersensitive and rosacea-prone skin.

Incorporating the latest, advanced techniques and cosmeceuticals, the treatment helps to strengthen the skin, reduce inflammation and rosacea breakouts, and desensitise the skin to the triggers of rosacea.

It also improves the texture and tone of the complexion and helps prevent rosacea progressing to more advanced stages. This intensive facial treatment simultaneously helps prevent and correct the signs of ageing by helping to combat free radical damage and encouraging skin renewal.

This custom-created facial is suitable for all skin types and colours. It works effectively for both men and women.

---

Farnham | +44 (0)7887 855539 | Winchester | +44 (0)7821 641340

[info@theskininvestmentclinic.com](mailto:info@theskininvestmentclinic.com) | [www.theskininvestmentclinic.com](http://www.theskininvestmentclinic.com)



THE SKIN INVESTMENT

CLINIC

## Skin Tag Removal

Treatment from: £200

Treatment Duration: 30 minutes

Recovery Time: Up to 1 week

Longevity of Results: Permanent

**At The Skin Investment Clinic, we offer the following methods of skin tag removal:**

**Excision Removal:** Treatment is carried out under a local anaesthetic and is therefore painless. The skin tag is carefully cut away using a scalpel and removed, leaving only a small white or pink scar in its place.

**Cryotherapy:** The skin tag is frozen by applying liquid Nitrogen (a gas that produces freezing temperatures) to the area. The cold temperature kills the cells within the skin tag, blocking the blood supply to the area and causing it to fall off. In some cases, irritation and temporary skin discoloration may occur, and further treatment may be required if the skin tag does not fall off. Cryotherapy is also used for wart and verruca removal.

Farnham | +44 (0)7887 855539 | Winchester | +44 (0)7821 641340

info@theskininvestmentclinic.com | www.theskininvestmentclinic.com







THE SKIN INVESTMENT

CLINIC

## TCA Cross

**Treatment from:** £150

**Treatment Duration:** 15-45 minutes

**Recovery Time:** 3-8 days

**Longevity of Results:** 6 treatments total with 4-6 week intervals between

### Suitable For

Acne scarring  
Boxcar acne scarring  
Rolling acne scars  
Ice-pick scars  
Macular scars  
Atrophic and hypertrophic scars  
Sun damage

### Contraindications

Use of retinoid creams or medications  
  
Facial bleaching products 2 weeks prior to treatment  
  
Active cold sores  
  
Hair removal products or facial scrubs 2 weeks prior to treatment

### Results

Reduction in acne scarring, hyperpigmentation, melasma, fine lines and sun damage

Farnham | +44 (0)7887 855539 | Winchester | +44 (0)7821 641340

info@theskininvestmentclinic.com | www.theskininvestmentclinic.com



Acne scarring is a challenge for cosmetic dermatologists. Ice pick scars are one of the most challenging types of acne scar to treat. These are small epidermal tracts within the skin.

TCA Cross is the chemical reconstruction of skin scars (CROSS) using trichloroacetic acid (TCA). It is most often used as an outpatient clinic procedure to treat atrophic acne scars. The treatment is inexpensive, safe, and efficient.

The procedure induces synthesis of new collagen, elastin and ground substances. The resultant skin thickening causes elevation and narrowing of the ice pick scars.

#### **How long does TCA Cross take to heal?**

The recovery time tends to differ from patient to patient, but generally speaking, it will take between three to eight days to fully recover. After this time, you should be able to see the results of the treatment.

#### **Are the results from TCA permanent?**

Once we have confirmed that you are a good candidate for TCA Cross treatment, the procedure involved should leave you with long lasting results.

---

Farnham | +44 (0)7887 855539 | Winchester | +44 (0)7821 641340

[info@theskininvestmentclinic.com](mailto:info@theskininvestmentclinic.com) | [www.theskininvestmentclinic.com](http://www.theskininvestmentclinic.com)



THE SKIN INVESTMENT

CLINIC

## Thread Lifting

**Treatment from:** £300

**Treatment Duration:** 60 minutes  
(1-2 treatments)

**Recovery Time:** Up to 12 weeks

### Suitable For

Loss of facial volume  
Smoothing out deep lines and wrinkles  
Jowls  
Collagen production  
Sagging cheeks  
Hollow cheeks  
Deep wrinkles  
Jawline

### Contraindications

Keloid scarring  
Anti-coagulants  
Pregnancy + breast feeding

### Results

Improves lines and wrinkles  
Improves skin tone  
Lifts and tightens cheeks  
and lower face

Farnham | +44 (0)7887 855539 | Winchester | +44 (0)7821 641340

info@theskininvestmentclinic.com | www.theskininvestmentclinic.com



Thread lifts are a relatively new form of non-surgical face lift. If your face has loosening or sagging skin and you want a tighter, fresher more youthful look, you should seriously consider this treatment.

### **What areas can be treated with threads?**

The threads are extremely versatile and can be used all around the face, neck and body. They can treat vertical and horizontal wrinkles on the forehead, sagging brows, drooping cheeks, pronounced nasolabial (nose to mouth) and marionette (corner of mouth to chin) folds, sagging jawline and neck and folds and wrinkles on the chin.

### **How does the thread lift work?**

A thread lift is a minimally invasive, rejuvenating treatment that uses specialised surgical threads to lift and regenerate sagging skin on the mid-face, jowls and neck, giving a tighter and more youthful appearance.

The threads are introduced into the skin with a very thin needle to lift tissue and muscle and improve skin texture. The threads are naturally absorbed over 6-12 months, and in this time they stimulate fibroblast cells to produce more collagen that further rejuvenate and brighten the skin. The effect of the treatment can last up to 12 months.

The important thing to remember is thread lifts are non-surgical with the medical practitioner using a very fine needle to insert the threads into the areas that need lifting. Because there are no cuts or incision required there is no scarring. You really see instant results with a thread lift. As the days and weeks go by, the threads will stimulate collagen and elastin production, improving your skin tone and radiance by promoting local micro-circulation to the area.

New tissue will tighten pores, giving a more youthful, natural appearance by the activation of the reparative process..

The next step is to book a consultation with a specialist Doctor who will talk to you through the procedure, carry out a full examination and prescribe the best treatment plan for you.

---

Farnham | +44 (0)7887 855539 | Winchester | +44 (0)7821 641340

[info@theskininvestmentclinic.com](mailto:info@theskininvestmentclinic.com) | [www.theskininvestmentclinic.com](http://www.theskininvestmentclinic.com)



THE SKIN INVESTMENT

CLINIC

## Wart + Verruca Removal

**Treatment from:** £200

**Treatment Duration:** 30-60 minutes

**Recovery Time:** Dependant on size and quantity

Warts can be a common problem in men and women of all ages, and verruca is the name given to a wart on the sole of the foot. Warts are not dangerous but can often be in visible places on the body and can create a lack of self-confidence or embarrassment. The treatment for warts and verrucae (the word for more than one verruca) is quick, simple, and effective in restoring clear healthy skin and confidence.

Farnham | +44 (0)7887 855539 | Winchester | +44 (0)7821 641340

[info@theskininvestmentclinic.com](mailto:info@theskininvestmentclinic.com) | [www.theskininvestmentclinic.com](http://www.theskininvestmentclinic.com)



### **What is the best method to remove a wart or verruca?**

**Excision removal** – the wart or verruca is carefully cut out using a surgical scalpel and is removed immediately under local anaesthetic.

**Cryotherapy** – this method involves using liquid nitrogen to freeze off the wart or verruca and causes the cells to die so it naturally falls off after a few weeks. Freezing the wart with liquid nitrogen is painful. However it is an effective way of killing wart tissue. Local anaesthetic is not used during freezing, as the Doctor uses pain as an indication as to how far they can safely freeze.





THE SKIN INVESTMENT

CLINIC

## Wedding Ready

**At The Skin Investment Clinic, we understand that each brides skin journey is different – that's why each treatment plan is customised to suit your individual concerns and needs!**

Allow us to take your skin on the ultimate skin conditioning journey to reach its optimum for your big day in just 5 easy steps!

Farnham | +44 (0)7887 855539 | Winchester | +44 (0)7821 641340

[info@theskininvestmentclinic.com](mailto:info@theskininvestmentclinic.com) | [www.theskininvestmentclinic.com](http://www.theskininvestmentclinic.com)



### **Step 1**

Book a consultation with one of our highly trained and skilled aesthetic practitioners for a thorough and in-depth consultation and assessment to determine your skin's health whilst discussing your concerns and ultimate goals.

At your initial consultation, we will devise a tailored skin conditioning program to allow your skin to reach its full potential – this will include in-clinic treatments as well as a home care regime to optimise and enhance your results. The length of your skin journey may vary from 3, 6 or 12 months depending on your concerns and desired result.

At the time of your initial consultation, we will allow time for treatment on the day. We like you to begin your skin journey with an exfoliation treatment in clinic to allow your new skin care routine to work at its fullest potential.

### **Step 2**

This is where the tailored in-clinic treatments begin! Now that we have created the ideal home care routine for you, we can begin the in-clinic journey – a course of specially designed corrective and rejuvenating skin treatments.

These treatments may range from microdermabrasion to peels and skin needling and will be chosen to complement and achieve your skin goals.

### **Step 3**

After undergoing regular treatments and using your homecare for 3-6 months, we will review the progress of your skin and make adjustments if required. This will allow us to ensure we are on the right path to reaching your best skin yet! At the time of review, we will also begin the plan for your final treatment prior to your special day.

### **Step 4**

In the week leading up to your big day, we recommend one final treatment to ensure the ultimate 'wedding glow' this will involve an exfoliating, hydrating treatment that will ensure your makeup will look flawless.

### **Step 5: Get Married!**

---

Farnham | +44 (0)7887 855539 | Winchester | +44 (0)7821 641340

[info@theskininvestmentclinic.com](mailto:info@theskininvestmentclinic.com) | [www.theskininvestmentclinic.com](http://www.theskininvestmentclinic.com)